



The Tea Garden Cafe

Breakfast

Served until 11am

Breakfast Rolls
choose 1 filling from
bacon, fried egg, pork sausage, haggis

Extra Filling

Brown or White Toast
served with homemade jam

Sourdough Toast
Served with homemade jam
or
homemade marmalade

or
Peanut butter, banana and a
sprinkling of sesame seeds

Organic Muesli
served with mixed fruit and yoghurt
(Dairy free milk and yoghurt available, please ask)

Sandwiches & Toasties

Wholemeal or white bread.
Served with a side salad drizzled
with our own herb oil dressing.

Tuna and Spring Onion Mayo £7.95

Cottage Cheese £7.95

Homemade Coleslaw £7.95

Free Range Egg Mayo £7.95

Scottish Cheddar Cheese £7.95

Home Roasted Ham £8.15

Roasted with honey and cloves

Homemade Coronation Chicken £9.15

British chicken

BLT £8.65

Succulent back bacon served on bread roll packed with
mixed leaves, sliced tomato and our herb oil dressing.

Additional fillings £2.45 each

Seafood

Fresh Mallaig Prawns
Prawn tails served with a delicious homemade
seafood dip, sliced multi grain bread and butter.

£4.45

Pint glass £18.50
Half Pint glass £12.50

£1.50

£3.00

Sumptuous Mallaig Prawn Salad Roll £12.00
Hand peeled prawn tails with homemade dip

£4.75

Mallaig Prawn Baked Potato £14.95
Served with a dressed side salad and
homemade seafood sauce

£5.75

Dressed Crab Sandwich £10.95
A mix of brown and white crab meat bound with a
little seasoned mayo. Served on malted grain bread.

£7.25

Orkney Sherried Herring £8.55
Served in a scallop shell with oatcakes

Homemade Smoked Mackerel
& Chive Paté £10.45
With chutney and oatcakes



All of the dishes above served
with dressed mixed salad



Mallaig Kipper £9.95

Locally smoked kipper
Served with sliced multi-grain bread

Hebridean Hot Smoked Salmon £11.45

Hebridean hot smoked salmon served on cold dressed
salad topped with chive crowdie cream cheese, sprinkled
with traditional Japanese seasoning flaked almonds,
and capers.

Homemade Soups

With sliced multi-grain bread and butter.

Ham and Lentil £6.45

Smoked ham houghs, red lentils and mixed vegetables.

Cullen Skink £8.25

Locally smoked haddock, potatoes, milk and cream.
A scottish speciality.

Fish and Chips £17.95
Succulent haddock fried in a light batter served with
chips, dressed side salad and homemade tartare sauce.

Scampi £17.45

Wholetail scampi served with chips,
dressed side salad and homemade tartare sauce.

Chicken & Bacon Club Sandwich £12.45

Triple decker served with british chicken,
bacon, homemade coleslaw and salad.

Portion of Chips £4.45

Baked Potatoes

Filled baked potato served with a mixed salad
drizzled with our own herb oil dressing.

Free Range Egg Mayo £9.45

Tuna And Spring Onion Mayo £9.45

Cottage Cheese £9.45

Homemade Coleslaw £9.45

Scottish Cheddar Cheese £9.45

Heinz Baked Beans £9.45

Haggis £9.95

Home Roasted Ham £9.95

Roasted with honey and cloves

Homemade Coronation Chicken £10.65

British chicken

Additional fillings £2.45 each

Small Side Salads

House Salad £7.50

Mixed salad, olives, regiano parmesan cheese, mixed
sprouting beans and seeds. Dressed with our herb oil.

Rocket, Sun-dried Tomato & Parmesan £7.25

Hummus Salad £8.95

Our spiced hummus served
with mixed salad and oatcakes.

Tomato, Red Onion & Mozzarella £7.95

Large vine ripened tomatoes, red onion and mozzarella,
drizzled with Balsamic vinegar and homemade pesto.

Order with your phone

Please scan the QR code with your smart
phone camera to start your order.



- We ask that all customers will be asked to pay when you order your food. This helps to speed up service and allows you to leave at your convenience.
- All our food is made fresh to order so please be patient at busy times.
Thank you.
- Only food and drink purchased on these premises may be consumed here.

For Our Four Legged Friends

Doggie Treats are Available
Please ask or see inside.

Station Rd, Mallaig PH41 4PU
01687 462764



Ice Cream

Please order at the bar

“99” cone <i>Our delightful soft serve ice cream cone with a chocolate flake</i>	£2.50
Medium cone	£2.25
Standard tub	£2.25
“99” tub	£2.50

Cakes and Bakes

Fruit Scone <i>Served with butter, homemade jam and real whipped dairy cream, or with butter and homemade jam</i>	£3.60
Rocky Road	£3.95
Shortbread	£2.95
Carrot Cake	£4.55
Walnut and Coffee Cake	£4.85
Victoria Sponge Cake	£4.65
Lemon Layer Cake	£4.65
Chocolate Cake	£4.95

Coffee

All coffee organically grown, fairtrade and rain forest alliance certified. Pure Arabica beans.

Single Cup Cafetiere	£3.35
Americano	£3.45
Espresso	Single £2.35 Double £2.75
Cappuccino	£3.70
Cappuccino con Panna	£3.80
Ristretto	£2.35
Cafe Latte	£3.85
Flat White	£3.65

Latte Specials <i>Delicately flavoured with caramel, vanilla, irish cream, chocolate, hazelnut or cinnamon</i>	£4.05
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Extra Espresso Shot	85p
Alternative Milk	60p

Affogato <i>Vanilla ice cream topped with a double espresso</i>	£4.55
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Tipsy Latte

Why not add one of the following to your cafe latte

Ameretto (25mls)	£6.65
Baileys (25mls)	£6.65
Tia Maria (25mls)	£6.65
Drambui	£6.65

Gaelic Coffee

Fresh coffee mixed with famous grouse Blended whisky or Glenmorangie malt whisky And topped with real whipped dairy cream

Grouse (25mls)	£6.95
Glenmorangie (25mls)	£7.85

Tea by the Pot

Everyday blend of Fairtrade Tea <i>Per pot per person</i>	£2.85
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Speciality teas by the pot <i>Finest loose leaf organic teas from around the world. Per pot per person</i>	£3.95
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*Earl Grey Blue Flower
Rooibos
Green Tea
Rose Tea
Peppermint
Tulsi Tea
Camomile
Jasmine Dragon Phoenix Pearls (not organic)
Assam Tea
Pink grapefruit*

Luxury Hot Chocolate £4.75

Classic velvet truffle hot chocolate Ganache served with freshly whipped cream

Thick Velvet Truffle Shot <i>Served in an espresso cup</i>	£3.00
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Cold Drinks

Freshly Squeezed Orange or Apple Juice	£2.55
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Cans and Bottles <i>Coke, diet coke, sprite, Irn Bru, Fanta or Scottish mineral water (still or sparkling)</i>	£2.55
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Fentimans

Traditional, natural botanical drinks

Traditional Ginger Beer	£3.85
Rose Lemonade	£3.85
Sparkling Elderflower	£3.85

Wine List

Red Wine

	175ml Glass	Bottle
Old Vines Garnacha <i>Caprichos Carinena, Spain</i> Soft, smooth, red berry with spicy notes	£6.75	£16.95
Rioja ‘Vendimia’ Bodegas Aldonia <i>Spain</i> Dark red fruit, chocolate, sweet spice	£22.60	
Beaujolais ‘Le Ronsay’ <i>France</i> Full, bramble fruit, well structured	£23.60	
Meerlust Rubicon <i>South Africa</i> Deep, intense well laid flavours of violets and cassis. Possibly the best value wine in the world.	£34.00	

White Wine

	175ml Glass	Bottle
Chenin Blanc, Paarl <i>South Africa</i> Guava, citrus aromas, tropical fruit finish	£6.75	£16.95
Sauvignon Blanc Haut Poitou <i>France</i> Dry, tropical fruit, citrus	£22.90	
Gruner Veltliner Ingrid Groiss <i>Austria</i> Tangy green fruit, paper spice, mineral fresh	£23.95	
Macon Peronne Maison Matisco <i>France</i> Rich lemon, lovely structure, toffee	£26.60	

Rose Wine

	175ml Glass	Bottle
Grenache Rose ‘Tendem’ Bruno Andreu <i>Esteban Martin, Spain</i> Crushed red fruit. Lovely structure. Elegant & Complex	£6.75	£16.95

Champagne & Sparkling Wine

Prosecco DOC <i>Treviso, Italy</i>	£19.95
Prosecco Mionetto 20cl <i>Treviso, Italy</i> Everyone’s favourite sparkler in a little bottle.	£6.95
Cremant d’Alsace, Meyer, Fonne Elegant Champagne with fresh lemon fruit on the nose and fine bubbles.	£36.00

Port

Smith Woodhouse <i>Ruby Port</i> Soft and heady style with big black fruit flavours, spice and chocolate	50ml 20%	£3.95
Smith Woodhouse <i>Quinta Madelena 2013</i> A single quinta with lovely developed flavours of dark fruit, cherry and damson. Complex, spicy long finish.	50ml 20%	£6.60

- Service charge not included.
- All foods may contain traces of nuts and there may be small fish bones in the fish dishes so please take care.
- All ingredients are sourced as closely to Mallaig as possible.
- All eggs are free range.
- All our chips are British Maris Piper potatoes fried in pure rapeseed oil.
- No trans fats. No palm oil. No Cholesterol
- To the best of our knowledge none of our products contain gm ingredients.
- Credit card payments must be a minimum of £10
- VAT Variable according to current regulations